Dear Parents

On Friday 27 March we will be holding our annual Cross Country Carnival at the Water Board Picnic Area.

**Year 2 children turning 8 this year have the option to participate.**

The 1st race will begin at about 12.30 p.m. There will be 8 races altogether.

1. 8/9 years boys
2. 8/9 years girls
3. 10 years boys
4. 10 years girls
5. 11 years boys
6. 11 years girls
7. 12/13 years boys
8. 12/13 years girls

The course is 2 km long and will be marked with hats and domes. All students will walk the course to become aware of the layout. All parents and friends are invited to come along and enjoy the day. Parent helpers are needed for spotter duty, please see Mrs Barlow and fill in the slip below. Your help will be much appreciated.

Children who suffer from asthma will need to take their appropriate medication prior/after their race. All primary children will eat their lunch at recess time to give the food time to settle.

*Don’t forget your drinks, hat and sunblock.*

There is no cost for this carnival. All children should wear their sports uniform. They should also have suitable running shoes, but please note, no spikes are allowed.

If you would like your child to participate please complete and return the permission note below. Year 2 students not competing in the carnival will stay at school for regular Friday activities.

Mrs Barlow
Sports Co-Ordinator
19 March 2015

---

Mr Nathan Smith
Relieving Principal

*Please keep this note for your records and return the parent helper note to Mrs Barlow if you can assist on the day.*

---

**CROSS COUNTRY – 8 YEAR OLDS**
Warragamba Public School

If you wish your 8 year old child to participate in the Cross Country, please indicate by filling in the following:

Student Name:  ____________________________ Class:  _________

**Parent Helpers - CROSS COUNTRY ~ 2014**

I can help at the Cross Country on the Friday 27 March ____________________________

Parent/Guardian (Please Print)

Child’s Name: ____________________________ Class:  _________
CROSS COUNTRY ~ 2015

Dear Parents/Carers,

On Friday 27 March we will be holding our annual Cross Country Carnival at the Water Board Picnic Area.

All children will be participating unless they have a note explaining why they cannot run.

The 1st race will begin at about 12.30 pm. There will be 8 races altogether.

1. 8/9 years boys
2. 8/9 years girls
3. 10 years boys
4. 10 years girls
5. 11 years boys
6. 11 years girls
7. 12/13 years boys
8. 12/13 years girls

The course will be marked with hats and domes. All students will walk the course to become aware of the layout. All parents and friends are invited to come along and enjoy the day. Parent helpers are needed for spotter duty, please see Mrs Barlow and fill in the slip below. Your help will be much appreciated.

Some children do suffer from asthma and will need to take their appropriate medication prior/after their race. All primary children will eat their lunch at recess time to give the food time to settle.

Don’t forget your drinks, hat and sunblock.

There is no cost for this carnival. All children should wear their sports uniform. They should also have suitable running shoes, but please note, no spikes are allowed.

PLEASE NOTE: All children MUST have returned their Ongoing Permission Note to be able to attend.

Mrs Barlow
Sports Co-Ordinator
19 March 2015

Mr Nathan Smith
Relieving Principal

Please keep this note for your records and return the parent helper note to Mrs Barlow if you can assist on the day

Parent Helpers - CROSS COUNTRY ~ 2015
Warragamba Public School

I can help at the Cross Country on Friday 27 March ________________  Parent/Guardian (Please Print)

Child’s Name: ___________________________ Class: ________________

Please return note to Mrs Barlow in 5/6B classroom.